

SUSSEX

COUNTY LUNATIC ASYLUM

HAYWARDS HEATH.

TWENTY-SEVENTH ANNUAL REPORTS
FOR 1885.

HAYWARDS HEATH:
C. CLARKE, PRINTER, "MID-SUSSEX TIMES" OFFICE,
—
1886.

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COMMITTEE OF VISITORS AND OFFICERS.

1886.

EASTERN DIVISION.

- 1.*Campion, William Henry, Esq., Danny, Hurstpierpoint.
2. Esdaile, J. Kennedy, Esq., Saint Hill Place, East Grinstead.
- 3.*Fitzhugh, General Henry Terrick, Streat Place, Hurstpierpoint.
4. Hepburn, General Henry Poole, C.B., The Hooke, Chailey.
- 5.*Hill, The Lord Arthur William, M.P., Wakehurst, Haywards Heath.
6. Lewis, Lieut.-Col. William Rowe, Hollington, Hastings.
- 7.*Lister, Thomas Thompson Cunliffe, Esq., Borde Hill, Cuckfield.
- 8.*Pakenham, Rear-Admiral the Honourable Thomas Alexander, Franklyns, Haywards Heath.
9. Peel, Lawrence Charles Lennox, Esq., C.B., Woodcroft, Cuckfield.
- 10.*Rawson, Philip, Esq., Woodhurst, Crawley.
11. Rose-Holden, Lieut.-Col. John Rose, The Ferns, Wivelsfield.
- 12.*Sclater, James Henry, Esq., Newick Park, Lewes, *Chairman*.
13. Sclater, Captain James Robert Charles, Newick Park, Lewes.
- 14.*Sergison, Major Warden, Cuckfield Park.

WESTERN DIVISION.

1. Barttelot, Captain Walter George, Coates, Petworth.
2. Burrell, Sir Charles Raymond, Bart., Knepp Castle, Horsham.
3. Dalbiac, Henry Eardley Aylmer, Esq., Durrington, Worthing.
- 4.*Gorringe, Hugh, Esq., Kingston House, Kingston-on-Sea.
5. Fletcher, Lieut.-Col. Sir Henry, Bart., M.P., Ham Manor, Arundel.
6. Goring, Rev. John, Wiston Park, Steyning.
- 7.*Tribe, William Foard, Esq., Manor House, Broadwater.
- 8.*Wisden, Lieut.-Col. Thomas Faulconer, Broadwater, Worthing.

BRIGHTON BOROUGH.

1. Smith, David, Esq., M.P., 11, Arundel Terrace, Brighton.
- 2.*Savage, William Dawson, Esq., Ellerslie House, Park Road East, Brighton.

OFFICERS.

Medical Superintendent.—S. W. D. Williams, Esq., M.D.
Senior Assistant Medical Officer.—E. B. C. Walker, Esq., M.B.
Junior Assistant Medical Officer.—Richard Miller, Esq., M.B., B.A.
Chaplain.—Rev. F. F. J. Greenfield, B.A.
Clerk of the Asylum.—Mr. S. A. Mortlock.
Storekeeper.—Mr. T. Lenton.
Housekeeper.—Mrs. Woodhouse.
Head Attendants.—Mr. W. T. Buckle (Male Department).
Miss Buckle (Female Department).
Assistant Female Officer.—Miss Heading.
Treasurer.—George Whitfeld, Esq., Lewes.
Clerk to the Visitors.—H. Jones, Esq., Lewes.

* Members of the House and Farm Committee.

February 1st, 1886.



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SUSSEX COUNTY LUNATIC ASYLUM HAYWARDS HEATH.

TWENTY-SEVENTH ANNUAL REPORT OF THE COMMITTEE OF VISITORS.

To Her Majesty's Justices of the Peace for the County of Sussex, assembled in Quarter Sessions, held at Lewes, in and for the Eastern Division of the County of Sussex, on Monday, the 4th day of January, 1886, and at Petworth, in and for the Western Division of the said County of Sussex, on Thursday, the 7th day of January, 1886.

THE COMMITTEE OF VISITORS of the Sussex County Lunatic Asylum at Haywards Heath, appointed at the Epiphany Sessions, 1885, beg to report :—

That the County Asylum is in a highly efficient state as regards both its internal organisation and the satisfactory condition of its inmates.

There are few events to record in the past year. The various branches of the Institution have worked with a regularity, order, and precision, which perhaps afford the strongest proof of the good management which has prevailed throughout the Asylum.

The Number of Patients in the Asylum at the date of this report is :—

Males	.	.	.	358
Females	.	.	.	496
Total				<hr/> 854

The Admissions during the year were	.	.	210
The Discharges	.	.	121
The Deaths	.	.	76

It will be found, on a comparison with the numbers of the previous year, that the admissions, discharges, and deaths are each respectively less than in 1884.

As, however, the admissions in the present year have exceeded the discharges and deaths by 13, it follows that the total numbers in the Asylum have increased by 13 in 1885; the increase being 15 on the Female side, while on the Male side there is a decrease of 2.

At the end of last November there remained but three vacant beds on the Female side of the building; your Committee, therefore, were reluctantly compelled to give notice to the non-contributing Borough of Hastings to remove its patients from the Asylum.

In adopting this course your Committee trust they have obtained the accommodation required in the Asylum for the next three or four years, as it involves a gain of 49 beds, of which 35 are on the Female side, while 16 more beds are available, if occasion require, by giving a similar notice to the Boroughs of Chichester and Seaford.

The attention of your Committee has been for some years past anxiously directed to keeping down, as far as

possible, the number of patients in the Asylum. In this they have received the able assistance of Dr. Williams, by his careful selection of patients for discharge, and his constant recommendation to the Boards of Guardians to receive harmless patients into their Workhouses.

Your Committee have much satisfaction in reporting that at the end of four years, viz., in 1889, the debt for the construction of the Asylum at Haywards Heath will be extinguished, and it will be highly satisfactory to the ratepayers to know that if, by that time, the provision of a second Asylum becomes imperative on the County of Sussex, they will at all events be released from the burden of contributing towards the repayment of the cost of building the present Asylum.

The Asylum Farm has been carried on successfully during the past year: the crops, though affected by drought, have been above the average. Its accounts are not yet fully made out for the year, but a favourable return is expected.

The efficiency of the Sewage Farm has been increased by the substitution of Doulton's Earthenware Glazed Carriers for the ditch which had previously conveyed the sewage. This work was carried out by the artisans of the Asylum, assisted by patients.

There have been several changes in the staff. Dr. T. B. Worthington, who had for eight years been Senior Assistant Medical Officer, has been appointed Medical Superintendent of the Hants County Lunatic Asylum. Dr. E. B. C. Walker, who had been for three years the Junior Assistant Medical Officer, has been

promoted to Dr. Worthington's place. Mr. M. Johnston, his successor, was, after five months, appointed to the Lincoln Hospital. Dr. Richard Miller, Clinical Clerk at the West Riding Asylum, was elected to supply his place.

The conduct of the staff generally during the past year has been highly satisfactory to the Committee.

The Committee refer the Court for details to the annexed Report of the Medical Superintendent, and to the Statistical Tables appended thereto.

JAMES H. SCLATER,
Chairman.

SUSSEX COUNTY LUNATIC ASYLUM, HAYWARDS HEATH.

INCOME and EXPENDITURE for the Year ending 31st December, 1885.

INCOME.							EXPENDITURE.							
HEADS OF INCOME.	QUARTERS ENDING.				Yearending 31st Dec.	Total.	HEADS OF EXPENDITURE.	QUARTERS ENDING.				Yearending 31st Dec.	Total of General Heads of Expenditure	
	31st March.	30th June.	30th Sept.	31st Dec.				31st March.	30th June.	30th Sept.	31st Dec.			
FROM WEEKLY RATE.	£ s. d.	£ s. d.	£ s. d.	£ s. d.	£ s. d.	£ s. d.	Provisions.	£ s. d.	£ s. d.	£ s. d.	£ s. d.	£ s. d.	£ s. d.	
	From Unions Contributing to the Asylum, for Maintenance	4474 12 1	4416 6 0	4481 18 7	4401 10 2	17774 6 10		By Meat	684 0 3	588 5 4	698 9 7	561 19 10	2532 15 0	
	From Unions not Contributing to the Asylum, for Maintenance	697 9 5	660 2 9	718 5 1	697 5 1	2773 2 4		Flour	270 5 1	290 18 11	312 10 1	297 12 3	1171 6 4	
	From County Treasurers for Maintenance	36 12 6	37 1 0	36 9 6	35 9 6	145 12 6		Barley, Rice, &c.	10 12 0	13 12 0	13 12 0	13 2 0	50 18 0	
	Private Patients, for Maintenance	238 6 3	220 10 2	222 9 8	240 11 7	921 17 8		Tea, Coffee, & Cocoa	151 19 2	142 2 6	175 13 4	169 1 6	638 16 6	
FROM COUNTY RATE.	£ s. d.	£ s. d.	£ s. d.	£ s. d.	£ s. d.	£ s. d.	House & other Expenses.	£ s. d.	£ s. d.	£ s. d.	£ s. d.	£ s. d.	£ s. d.	
	Cash received from the Farm in excess of all Cash Advances made (from the Asylum) to the Farm	156 6 7	372 1 5	278 16 2	53 15 0	860 19 2		By Coals, Coke, &c.	357 6 9	272 15 2	223 17 8	420 14 7	1274 14 2	
								Gas	167 11 3	47 9 2	44 19 2	177 18 8	437 18 3	
								Soap	48 17 4	21 15 10	48 0 10	40 4 9	158 18 9	
								Starch, Soda, &c.	40 19 4	33 6 7	34 9 11	44 6 4	153 2 2	
Total from Weekly Rate, &c.							Total	2351 18 0	2220 1 1	2458 8 0	2343 9 8	9373 16 9	9373 16 9	
FROM COUNTY RATE.							FROM COUNTY RATE.							
Repairs and Alterations.							Repairs and Alterations.							
From County Treasurers for Repairs & Alterations	850 0 11	504 7 3	397 2 8	360 7 1	2111 17 11			By Labour	214 14 5	185 13 7	166 16 3	144 19 0	712 3 3	
Improvements			Timber	9 12 4	22 11 0	13 13 9	16 14 7	62 11 8	
								Iron, Lead, &c.	72 12 3	44 1 11	25 1 2	40 13 5	182 8 9	
								Bricks, Slate, Cement, &c.	176 9 9	98 3 9	45 11 10	25 12 3	345 17 7	
Total from County Rate							Total	850 0 11	504 7 3	397 2 8	360 7 1	2111 17 11	2111 17 11	
Total Income from Weekly and County Rate							Total Expenditure from Weekly and County Rates							
6453 7 9 6210 8 7 6135 1 8 5788 18 5 24587 16 5 24587 16 5							6060 9 7 5537 7 1 5368 11 9 5477 15 3 22444 3 8 22444 3 8							
Balance from Dec. 31st, 1884. 3674 9 3							Balance... 5818 2 0							
Total ... £ 28262 5 8							Total... £ 28262 5 8							

Examined by the Finance Committee, January 30th, 1886.

(Signed) JAMES H. SCLATER, CHAIRMAN.
T. A. PAKENHAM.
J. ROBERT SCLATER.

(Signed) S. A. MORTLOCK,
Clerk of the Asylum.

AVERAGE WEEKLY EXPENDITURE for the Year, for each Patient, from Weekly Rate.					
	QUARTERS ENDING.				Average for the Year 1885.
	March 31st.	June 30th.	Sept. 30th.	Dec. 31st.	
Provisions	s. d. 4 0½	s. d. 3 5½	s. d. 3 11½	s. d. 4 1½	s. d. 3 10½
House and other Expenses	2 1½	1 6	1 4½	2 0½	1 9
Clothing	0 7	0 9½	0 7	0 5½	0 7½
Salaries and Wages	2 4½	2 4½	2 3½	2 4½	2 4½
Medicine, Spirits, &c.	0 1½	0 1½	0 1½	0 0	0 1½
Incidentals	0 1½	0 0½	0 0½	0 0½	0 0½
Total	9 4½	8 4½	8 5½	9 0½	8 9½
Weekly Rate Chargeable to the Unions Contributing to the Asylum	9 6	9 6	9 3	9 0	9 3½
Ditto do. Not Contributing do.	14 0	14 0	14 0	14 0	14 0
Ditto do. For Private Patients	16 0	16 0	16 0	16 0	16 0



SUSSEX COUNTY LUNATIC ASYLUM.

BALANCE STATEMENT for the Quarter ending December 31st, 1885.

ASSETS.			DEBITS.		
	£	s. d.		£	s. d.
1885. Sept. 30. From Unions, &c., in Arrear :— Steyning	£2	0 0	1885. Dec. 31. To Amounts due to Sundry Tradesmen, on Account of Maintenance, Repairs, &c., &c.	2522	4 11
County—E. Division..	£61	5 5	" " Cheques on Salaries not paid in, viz.:—		
		<hr/>	Williams	250	0 0
Dec. 31. Due from Unions Contributing	4401	10 2	Miller.....	22	11 1
" Ditto not ditto	697	5 1		<hr/>	
" County Treasurers	35	9 6	Surplus Balance.....	5818	2 0
" Private Patients' Account ..	240	11 7			
" For Sale of Farm Produce, Stores, &c..	258	13 11			
" Repairs, Alterations, &c.	360	7 1			
" Cottage Rent.....	8	2 6			
" Cash in Bankers' Hands.....	2522	18 0			
" Clerk's ditto	24	14 9			
		<hr/>			
		£8612 18 0			£8612 18 0

Submitted to the Finance Committee this 30th day of January, 1886.

(Signed)

JAMES H. SCLATER (*Chairman*).
T. A. PAKENHAM.
J. ROBERT SCLATER.

(Signed)

S. A. MORTLOCK,
Clerk to the Asylum.

Clerk to the Asylum.

SUSSEX LUNATIC ASYLUM.

Dr. Farm and Garden Accounts for the Year ending December 31st, 1885. Cr

1884.—December 31st.	£	s.	d.	£	s.	d.
To Estimated Value of						
Live Stock	1313	4	0			
Estimated Value of						
Dead Stock	524	0	0			
Estimated Value of						
Tenant's Valuation	840	2	2			
Estimated Value of						
Provender	542	13	6			
				3219	19	8

1885.—December 31st.	£	s.	d.	£	s.	d.
By Purchase of—						
20 Cows and Beasts ...	495	6	6			
10 Sheep	26	9	0			
Railway Carriage.....	9	4	7			
Medicine	20	0	0			
Oil Cake	291	0	0			
Bran and Sharps	285	19	7			
Barley and Maize	101	3	6			
5200 Trusses Straw ...	216	13	4			
Seeds and Plants	62	18	4			
Manure and Lime.....	120	12	1			
Implements.....	68	2	3			
Wages of Bailiff,						
Gardener, Cowman,						
Carters, and other						
Servants employed						
on Farm	435	9	0			
Thrashing	9	16	6			
Thatching	5	19	11			
Valuation.....	7	7	0			
Sundries	19	4	8			
				2175	6	3

Rates and Taxes	64	10	5			
Estimated Rent on						
Land	200	0	0			
				264	10	5

Balance in favour..... 77 8 0

£5,737 4 4

ESTIMATED VALUE	£	s.	d.
1884.—December 31st.			
31 Cows, Bull, Fattening Beasts, and			
Calves	679	0	0
59 Sheep	147	10	0
6 Horses and 1 Colt	241	10	0
113 Head of Swine.....	226	3	0
127 Poultry and Ferrets	19	1	0
	1313	4	0
Dead Stock, Implements, &c.	524	0	0
Tenant's Valuation	840	2	2
Provender	542	13	6
	£3,219	19	8*

1885.—December 31st.	£	s.	d.	£	s.	d.
By Sale of—						
31 Calves	48	12	6			
20 Sheep	63	15	0			
114 Pigs	254	13	0			
Hides and Skins	19	2	6			
Rough Fat, &c.	6	1	8			
58 qrs. Wheat	93	3	6			
Oats, &c.	9	19	6			
Poles, Faggots, Vege-						
tables, and Sundries	8	11	6			
311lbs. Wool, @ 5d....	6	9	7			
Use of Stock	11	17	0			
				522	5	9

By Produce supplied to House—	£	s.	d.	£	s.	d.
14,181 lbs. Beef @ -/7;						
-/7½; & -/8½	445	13	11			
1,184 „ Suet „ -/6	29	12	0			
5,529 „ Pork @ -/7, & -/7½	169	13	8½			
3,684 „ Mutton @						
-/7½; -/8½ & -/8½	125	4	6½			
Bells, Livers, &c.....	7	5	0			
				777	9	2

23,020½ gals. Milk @ -/11	1,055	2	1			
6,073 No. Eggs „ -/1	25	6	1			
86 „ Poultry „ 2/6	10	15	0			
393 „ Rabbits „ 1/2	22	17	4			
				1114	0	6

2,936 bus. Cabbage @ 1/-	146	16	0			
77½ „ Onions „ 2/-	7	15	0			
1,670 „ Potatoes „ 2/8	222	13	4			
148½ „ Peas „ 2/-	14	17	6			
304 „ Beans „ 2/-	30	8	0			
106½ „ Carrots „ 2/-	10	15	0			
489 „ Parsnips „ 2/-	48	18	0			
295½ „ Turnips „ -/10	12	6	3			
3,056 „ Cauliflowers @/2	25	9	4			
Other Vegetables	22	14	1			
Fruit and Rhubarb.....	32	18	0			
Vegetables and Fruit						
supplied to Medical						
Superintendent	23	11	6			
				599	2	0

Keep of House Horse...	23	8	0			
				23	8	0

By Estimated Value of	£	s.	d.
Live Stock.....	940	5	0
Estimated Value of			
Dead Stock	508	0	0
Estimated Value of			
Tenant's Valuation	773	17	5
Estimated Value of			
Provender	478	16	6
			2700 18 11

£5,737 4 4

OF FARM STOCK:—	£	s.	d.
1885.—December 31st.			
30 Cows, Bull, Fattening Beasts, and			
Calves	464	0	0
4 Sheep	8	10	0
6 Horses	228	0	0
145 Head of Swine.....	220	17	0
126 Poultry and Ferrets	18	18	0
	940	5	0
Dead Stock, Implements, &c.	508	0	0
Tenant's Valuation	773	17	5
Provender	478	16	6
	£2,700	18	11*

Examined by the Farm Committee, January 30th, 1886.

(Signed) JAMES H. SCLATER.
T. T. C. LISTER.
W. SERGISON.

(Signed) S. A. MORTLOCK,
Clerk of the Asylum.

* These Valuations were made by Mr. THOS. BANNISTER, Haywards Heath.

An Abstract of the Annual Returns of Pauper Lunatics chargeable to the several Unions and Places in the County of Sussex, 1st January, 1886.
(16 & 17 Vic., cap. 97, s. 64.)

CHARGEABLE TO UNIONS AND COUNTY.	In County Asylum.		In Private Asylum.		In Asylums in other Counties.		In Work- houses.		In Lodg- ings or Boarded out.		Residing with Re- latives or Friends.		TOTAL.	
	M.	F.	M.	F.	M.	F.	M.	F.	M.	F.	M.	F.	M.	F.
Battle	4	14	4	4	3	2	11	20
Brighton.....	105	125	71	92	19	23	195	240
Chailey	9	6	3	3	...	1	...	1	12	11
Chichester (Incorporatn)	4	9	2	6	1	1	7	16
Cuckfield	14	27	2	11	...	1	1	2	17	41
Eastbourne	14	19	2	7	2	1	18	27
East Grinstead	9	13	6	7	2	2	17	22
East Preston.....	11	19	6	8	4	4	21	31
Hailsham	8	21	4	2	4	6	16	29
Hastings	18	48	1	1	3	1	2	20	54
Horsham	17	30	2	6	4	4	23	40
Lewes	14	14	...	1	5	7	19	22
Midhurst	11	9	1	3	1	2	13	14
Newhaven	7	5	1	6	8	11
Petworth	10	6	1	...	2	3	2	3	15	12
Rye	7	9	10	8	4	3	21	20
Steyning	28	31	13	13	4	10	45	54
Thakeham.....	7	12	1	2	1	1	9	15
Ticehurst	8	12	6	1	2	3	16	16
Uckfield	9	20	3	2	1	...	4	7	17	29
Westbourne	4	7	5	8	1	3	10	18
Westfirle	3	1	3	...	6	1
Westhampnett	20	18	...	1	6	10	2	5	28	34
County, Eastern Division	5	5	...
Do.—Western do.	...	1	1
TOTALS.....	346	476	...	2	1	1	156	212	1	2	65	85	569	778

SUMMARY.

Years.	In Asylums.		In Workhouses		With Friends.		TOTALS.		
	M.	F.	M.	F.	M.	F.	M.	F.	M. & F.
1st January, 1855.	92	127	79	54	45	85	216	266	482
1st January, 1868.	242	301	95	107	62	84	399	492	891
1st January, 1869.	250	318	102	110	67	84	419	512	931
1st January, 1870.	246	326	109	108	72	83	427	517	944
1st January, 1871.	275	348	116	120	79	101	470	569	1039
1st January, 1872.	264	341	111	141	84	120	459	602	1061
1st January, 1873.	284	343	122	140	79	109	485	592	1077
1st January, 1874.	297	351	109	146	67	106	473	603	1076
1st January, 1875.	301	361	108	158	84	118	493	637	1130
1st January, 1876.	312	387	111	161	75	104	498	652	1150
1st January, 1877.	324	384	106	163	75	102	505	649	1154
1st January, 1878.	340	390	118	165	71	96	529	651	1180
1st January, 1879.	341	412	120	158	62	98	523	668	1191
1st January, 1880.	347	415	111	170	56	93	514	678	1192
1st January, 1881.	341	436	126	160	61	99	528	695	1223
1st January, 1882.	353	462	129	163	54	98	536	723	1259
1st January, 1883.	359	458	113	181	55	97	527	736	1263
1st January, 1884.	353	454	145	199	52	88	550	741	1291
1st January, 1885.	351	464	158	202	63	90	572	756	1328
1st January, 1886.	347	479	156	212	66	87	569	778	1347

S. A. MORTLOCK,
Clerk of the Asylum.

LOAN ACCOUNT.—EASTERN DIVISION.

*Showing the Amount of Money Borrowed, and the Payments made in respect of the same,
on the 30th September, 1885.*

When Borrowed.	Rate of Interest.	Amount of Loan.	Amount Paid off during the Year.	Total Amount Paid off.	Remaining Due.
1856, October 13th.	£4¼ per cent.	£	£ s. d.	£ s. d.	£ s. d.
" "	£4½ per cent.	500	500 0 0
1857, April 6th.	"	500	500 0 0
" October 19th.	"	500	500 0 0
1858, January 4th.	"	11000	733 6 8
" June 28th.	"	5500	366 13 4	10266 13 4	550 0 0
" October 18th.	"	5500	183 6 8	4950 0 0	550 0 0
1859, April 4th.	"	5500	183 6 8	4950 0 0	550 0 0
" June 27th.	"	5500	183 6 8	4950 0 0	550 0 0
" October 17th.	"	5000	166 13 4	4333 6 8	666 13 4
1860, January 2nd.	"	8000	266 13 4	6933 6 8	1066 13 4
1861, April 8th.	"	1550	51 13 4	1343 6 8	206 13 4
1863, October 19th.	"	6700	223 6 8	5806 13 4	893 6 8
1864, January 4th.	"	3350	111 13 4	2791 13 4	558 6 8
1866, October 15th.	"	2680	89 6 8	2233 6 8	446 13 4
1881, October 17th.	"	1340	44 13 4	1072 0 0	268 0 0
	"	3350	111 13 4	2345 0 0	1005 0 0
	"	2345	78 3 4	1641 10 0	703 10 0
	£5 per cent.	4355	145 3 4	2613 0 0	1742 0 0
	£4 per cent.	536	17 17 4	53 12 0	482 8 0
		£68206	£2223 10 8	£56283 8 8	£11922 11 4

LOAN ACCOUNT.—WESTERN DIVISION.

*Showing the Amount of Money Borrowed, and the Payments made in respect of the same,
on the 30th September, 1885.*

When Borrowed.	Amount of Loan.	Amount remaining Unpaid at Michaelmas, 1885.	Rate of Interest.	Annual Instalment of Principal.	When Payment of Instalment and Interest will cease.
1857, April 9th.	£ 5500	£ s. d. 366 13 4	£4½ per cent.	£ s. d. 183 6 8	April 9th, 1887.
" October 22nd.	2500	166 13 4	"	83 6 8	October 22nd, " 1888.
1858, January 7th.	2500	250 0 0	"	83 6 8	January 7th, " 1888.
" July 1st.	2500	250 0 0	"	83 6 8	July 1st, " "
" October 21st.	3000	300 0 0	"	100 0 0	October 21st, " 1889.
1859, April 7th.	4000	533 6 8	"	133 6 8	April 7th, " 1889.
" June 30th.	1450	193 6 8	"	43 6 8	June 30th, " "
" August 27th.	3300	440 0 0	"	110 0 0	" " "
" Dec. 3rd.	1650	220 0 0	"	55 0 0	October 20th, " 1890.
1860, January 9th.	1320	220 0 0	"	44 0 0	January 9th, " 1890.
1861, April 11th.	660	132 0 0	"	22 0 0	April 11th, " 1891.
1863, October 22nd.	1650	440 0 0	"	55 0 0	October 22nd, " 1893.
1864, January 7th.	1155	346 10 0	"	38 10 0	January 7th, " 1894.
1866, October 18th.	2145	786 10 0	"	71 10 0	October 18th, " 1896.
1881, October 20th.	264	228 16 0	£5 per cent. £4 per cent.	8 16 0	October 20th, " 1911.
	£33594	£4873 16 0		£1119 16 0	

THE
MEDICAL SUPERINTENDENT'S
TWENTY-SEVENTH ANNUAL REPORT.

Twenty-seventh Annual Report. THE Medical Superintendent has the honour to submit the Twenty-seventh Annual Report to the Committee of Visitors.

Numbers on the 31st Dec., 1884. On the 31st December, 1884, the Numbers in the Asylum were—Male, 355 ; Female, 477 ; Total 832.

Admissions. The Admissions during the year have been—Male, 96 ; Female, 114 ; Total, 210.

Discharges. The Discharges during the year have been—Male, 61 ; Female, 56 ; Total, 117.

Deaths. The Deaths during the same period have been—Male, 33 ; Female, 39 ; Total, 72.

Mean Annual Population. The Mean Population resident during the year has been—Male, 359 ; Female, 480 ; Mean Average, 839.

Numbers this day, 31st Dec., 1885. The Numbers in the Asylum this day (31st December, 1885) are—Male, 357 ; Female, 496 ; Total, 853.

Numerical Results of the year. The several Numerical Results are summed up in the first Table in the Appendix to this Report.

The Numerical Results of the year 1885 yield the following percentages :—

(a) The Discharges (including the cases relieved) Annual percentages for 1885. are 58.9 per cent. on the Admissions of the year. Excluding those cases relieved, the percentage of Recoveries on the Admissions stands at—Male, 44.7; Female, 26.1; Average, 34.7. On the average number resident it is—Male, 11.9; Female, 6.04; Average, 8.5.

(b) The Mortality on the total number under Mortality. treatment is—Male, 7.3; Female, 6.5; Average, 6.9.

The Admissions, for the second year in succession, Admissions. show a falling off, being 19 less than last year. This decrease is confined entirely to the Males, the number of Females admitted being exactly the same as in 1884. Of the 210 Admissions 15 were Private Patients, and a number of others might have been admitted had there been available space, as application is being constantly made for the reception of such cases, this class being derived from persons of small means, who are not absolutely paupers, but whose pecuniary resources are not large enough to enable them to pay for accommodation in Private Asylums or Lunatic Hospitals.

The Forms of Admission accompanying the patients brought for admission are often very imperfectly filled up, and in some cases have been absolutely invalid. The Medical Superintendent, acting on his instructions from the Visiting Justices, has had, in more cases than one, to refuse to admit the patient until the form was amended. The imperfect filling up of these forms is a very serious matter, because, on the one hand, if the Asylum Authorities admit and detain an alleged lunatic on an imperfect Order of Admission, they may render

themselves liable to an action for illegal imprisonment, whilst, on the other hand, the delay caused in taking a patient back to have the imperfect order amended, may be of the greatest harm to him, besides causing endless worry to all concerned.

The Discharges. The Discharges also show a falling off. They may be classed as follows :—

Recovered...	72
Transferred to Workhouses as harmless or more or less relieved	20
Handed over to the care of Relatives as chronic, harmless cases	19
Transferred to other Asylums	4
Escaped	2
Total					117

The Recoveries are 19 less than last year, and this diminution is not to be wondered at, inasmuch as out of the total 210 Admissions, only 81 were deemed at all curable. Moreover, at the present time there are only 16 Males and 49 Females out of the total number of 850 in the Asylum in whom there is the slightest prospect of recovery. All the rest are either Idiots, Imbeciles, Dements, or Chronic Lunatics, whose mental aberration can only terminate with their death.

About 25 chronic harmless Lunatics have been sent out on trial to the various Workhouses, and of these 20 have been retained therein and have been discharged from the Asylum books. The others have been returned to the Asylum before the expiration of their leave of absence, it having been found that though tractable

in the Asylum, they could not be managed in the Workhouses. There is no doubt that had more of the Workhouses imbecile wards properly fitted up and arranged for such cases, many such chronic Lunatics now filling up the beds in the Asylum, to the exclusion of more urgent cases, might be moved to the Workhouses. The Medical Superintendent has frequently urged the attention of the Union Authorities to this question, and ventures again to do so, as he is convinced, from large experience, that it is the simplest and least expensive way of dealing with the yearly increase in the number of Lunatics. Carried out to the limited extent to which it has been, it has so far saved the County the expense of the erection of a second Asylum, and might continue to do so, if the various Unions, *pro rata*, made accommodation in their various Houses for a certain number of chronic Lunatics. The great success that has attended the experiment in Brighton, where there are as many as 150 imbeciles accommodated in the Workhouse, shows how feasible the scheme is.

It will be noticed that two of the discharges are due **Escapes.** to escapes—one was a man and the other a female. The man (J. F.) escaped through a door that had been left open during the dinner hour by some workmen who were making alterations in a staircase. The woman (E. B.) escaped through her bedroom window, which though closed had not been securely fastened, and though she was seen escaping, it being a very dark, wet night, she ran into the shrubbery before she could be overtaken. She ultimately reached her friends, who hid her until the expiration of the fortnight allowed for her recapture, and was then discharged, and left the

county. The man has never since been heard of, but, as he is an old gaol-bird, he has probably been confined in some prison or asylum before now.

One other man has also made several desperate attempts to escape, and has to be constantly watched, both by day and night. He is extremely clever at fashioning any metal he can pick up into the shape of a key, and so lately as December 2nd he managed to cut a key out of a small brass button, tie it on to a piece of stick, open his dormitory door, and thus escape. He was missed almost immediately and followed, but was not brought back for 24 hours.

The Deaths.

The Deaths were 72 in number, and were only 8.5 per cent. on the daily average number resident, and 6.9 per cent. on the total number under treatment, which is the lowest per centage experienced since the opening of the Asylum.

Inquests.

Two of the deaths were the subject of the Coroner's inquiry.

The verdict of the Jury in the first case was as follows :—

“That the deceased, S. W., from Chronic Diarrhœa and Bronchitis, accelerated by injuries to the sternum, did die, but that there is not sufficient evidence to show how or by whom such injuries were inflicted. That there being evidence that a patient named S. B. assaulted deceased, the Jury recommend that S. B. should not be employed out of sight of the nurse with other patients whom she may have an opportunity of assaulting.”

There can be little doubt that the injury to this

patient's chest was due to the assault on her by the other patient, as there was an utter absence of any evidence pointing to any other cause. The *post-mortem* examination showed that the bones were most extensively diseased and brittle, and that the slightest pressure might have caused the fractures.

The second case was one of suicide, and the verdict of the Jury was to the following effect:—"That the said Abraham Upton, while insane, did kill and murder himself by hanging himself with his pocket handkerchief, suspended from an upright support of a w.c."

This man was admitted on October 13th, and as he had a strong suicidal history, he was placed under continuous supervision, both by night and day. But as he never showed any suicidal tendency after admission, and as he appeared in every way better, this supervision was withdrawn, to a certain extent, early in December. The result, however, proves that he was not so well as was supposed, inasmuch as on the 17th December he went into the w.c., made a noose of his handkerchief, through which he placed his head, and tying the end of the handkerchief to the upright of the w.c. door, he leaned forward and allowed the weight of his body to cause sufficient pressure on his throat to suffocate him. His feet were on the ground and his knees bent. He was not missing more than twenty minutes, and though he was at once cut down and artificial respiration resorted to for an hour, he never breathed again.

There cannot be any doubt that the policy of discharging the chronic cases to the Workhouses and to their friends, and replacing them by acute, suicidal, and homicidal lunatics, however desirable from many points

of view, adds very greatly to the strain on the officers and nurses, and tends to render suicides, accidents, escapes, &c., more frequent. At the time of writing this report there are twenty-five patients in the Asylum who are most actively suicidal, not one of whom can be left for a moment either by night or day, and who are continually on the watch for an opportunity to commit suicide, and who are utterly reckless as to the means.

Population.

The numbers in the Asylum are 21 more than at the end of last year, and are chargeable as follows :—

	M.	F.	T.
To Contributing Unions in Sussex	333	432	765
To Non-Contributing Boroughs in Sussex ...	18	47	65
Private Patients	6	17	23
	<hr/> 357	<hr/> 496	<hr/> 853

Comparing these numbers with the corresponding ones of last year, the result is as follows :—

The Patients from the Contributing Unions have increased by the unusually large number of 26 ; from Non-Contributing Boroughs have decreased by three ; and from private sources remain stationary. The chief increase has been amongst the females, and there are only four vacant beds on their side of the Asylum. On the males' side there is still plenty of spare accommodation.

Total Lunatics
in the County.

Reference to page 11 will show that there are 569 Males and 778 Females—Total 1347—Lunatics chargeable to the various Unions and Boroughs, being 3 Males less and 22 Females more than at

the end of last year, Of this total, 826 are in the Asylum, 368 are in Workhouses, and 153 are boarded-out with relatives or friends. Comparing these numbers with those of last year, it will be found that there are 11 more in the Asylum, 8 more in Workhouses, and exactly the same number boarded-out.

Three Female Patients have given birth to children ^{Births.} during the year. Caroline Poole, admitted on January 19th, was confined of a daughter on June 1st. Both mother and child did well. Ellen Phillips, admitted on September 28th, was confined of a son on October 7th. The mother made a rapid recovery, but the child only survived its birth twenty-four hours. Mary Ann Richardson, admitted on the 25th September, was confined of a still-born child on September 29th.

The Commissioners in Lunacy visited the Asylum on ^{Commissioners} the 22nd and 23rd of May, and saw all the patients in ^{in Lunacy.} the Asylum. Their report is printed in full in the Appendix.

The Medical Superintendent regrets to have to report ^{The Staff.} that he found it necessary to discharge two of the Attendants for intemperance. This is a vice which is utterly at variance with the proper discharge of an attendant's duties, and no excellence in other respects can neutralise this most grave fault.

Nurse Dowden, who for some time had acted creditably as night nurse in the Female Infirmary Ward, was taken seriously ill early in the year, and died on February 1st, the cause of her death being an abscess

in the kidney. As she had no near relatives, she was, with the sanction of the Committee, buried in the Parish Churchyard at the expense of the Asylum. This is the first occasion of the death of a nurse in the Asylum since its opening.

The changes amongst the Attendants and Nurses have not been so numerous during the latter half of the year as in the first half, but they are still more frequent than is desirable. It is as difficult to find a cause for this as to devise a remedy, for wages, leave of absence, accommodation, and privileges generally, are all greater than formerly. Doubtless an increased love of novelty and of change amongst the class from which they spring has something to do with it; whilst some marry and others obtain promotion in kindred institutions. But, on the other hand, there is no doubt that the duties are much more arduous than they were, owing to the large increase in the number of violent, turbulent, dangerous patients now in the Asylum, which no increase, numerically, in the staff can quite counteract, and the Medical Superintendent is of opinion that this is an important factor in the evil under discussion.

With a view to the more systematic instruction of the Attendants and Nurses in their duties, the Medical Superintendent has prepared a pamphlet for their guidance, containing plain hints on the management of the insane. A copy of this pamphlet has been supplied to each Attendant and Nurse in the Asylum, and newcomers, on their arrival, are presented with a copy.

The Maintenance Rate, which was stated last year to be the lowest recorded since the opening of the Asylum,

viz., 9s. 2 $\frac{3}{4}$ d., is even lower this year, being only 8s. 9 $\frac{1}{2}$ d., which has effected a saving to the county of nearly £1,000.

The Rainfall was 26.91 inches. This, though not so Rainfall. low as last year, which was only 23.82 inches, is still two inches below the average of the previous sixteen years. The driest month in the year was July, in which the Rainfall amounted to only 0.37 inches; the wettest month was September, in which the Rainfall was 4.54 inches. The greatest Rainfall in twenty-four hours was 0.98 inches, occurring on September 10th, nearly as much falling on the 16th of the same month. During the three months, June, July, August, only 2.47 inches fell.

The resignation of Dr. T. B. Worthington, the Senior Changes in the Staff. Assistant Medical Officer, was noted in last year's report. He finally left the Asylum on January 14th. He was succeeded by Dr. E. B. C. Walker, who was promoted from the post of Junior Medical Officer, and whose promotion has been justified by the devotion with which he has performed his new duties. Mr. Matthew Johnston held the situation of Junior for some months, and his colleagues much regretted his leaving. He has been succeeded by Dr. Richard Miller, who comes highly recommended from several Asylums.

The Medical Superintendent with the new year will Conclusion. enter on his twenty-first year in the service of the Asylum. Increase in years does not tend to diminish the feeling of responsibility, or lessen the burden of work. He is fully sensible, however, how much relief he obtains in the performance of his duties from the

support he invariably receives from the Committee of Visitors, and the assistance that is at all times so ungrudgingly afforded him by the other officers.

S. W. D. WILLIAMS, M.D.,

Medical Superintendent.

HAYWARDS HEATH,

31st DECEMBER, 1885.

THE CHAPLAIN'S TWENTY-SEVENTH ANNUAL REPORT.

THE Chaplain lays before the Committee of Visitors his Report for the past year. Twenty-seventh Annual Report.

He continues to have the satisfaction to report the orderly conduct of the congregations in the Chapel, and also at the Morning Prayers in the Dining Halls. Chapel and Week-day Services.

The usual services have been held, and at Christmas, Easter, and at the Harvest Thanksgiving Service held on September 27th, the Chapel was very nicely decorated. The Chaplain is indebted to the Housekeeper and the Assistant Female Officer for the kind help they have rendered in this matter. The attention and earnestness of the patients are evidence of the interest they feel in public worship.

The number of Communicants is not large : and the Holy Communion has been administered from time to time according to the custom of former years.

No special observations are called for with reference to the Male and Female classes. Much interest is taken by many in writing ; and transcribing passages from books is a favourite exercise with those more advanced. Schools.

The Library for the Household and the books in the Library.

Wards continue to be so constantly used as to show the gratification they afford to all those who have access to them.

Visits.

The Chaplain has visited the Wards, Workshops, and Infirmaries at the usual hours, and he has always been most kindly received.

Burials and Deaths.

Seventy-two deaths have taken place during the past year, and there have been 47 funerals, including a child born in the Asylum which only lived a few hours. The Medical Superintendent kindly drew the attention of the Chaplain to the case, and he baptized the child privately a few hours before death.

Conclusion.

The Chaplain regrets to say that owing to an unfortunate accident to his leg on December 15th he was incapacitated from his work for a time; but owing to the kind and prompt attention shown to him by the Medical Superintendent and the other Medical Officers of the Asylum, he was enabled to resume his more important duties on Christmas Day.

The Chaplain has received nothing but the greatest kindness and good feeling from all those with whom he has come in contact; and he cannot conclude his Report without heartily thanking the Committee for the increase of salary they have so kindly granted him.

(Signed) F. F. J. GREENFIELD,

Chaplain.

December 31st, 1885.

REPORT OF THE VISITING COMMISSIONERS IN LUNACY.

SUSSEX COUNTY LUNATIC ASYLUM,

May 23rd, 1885.

HAVING inspected during the course of yesterday and to-day all parts of this Asylum, we are able again to express satisfaction with its condition and management. The wards are clean, cheerful, and comfortable, and the patients are quiet and generally contented, while the state of their persons and clothing bears testimony to the bestowal upon them of much care and attention by the Attendants.

We have seen all the patients whose names are now on the books, except a criminal who escaped a considerable time since. Application might be made to the Secretary of State for permission to treat this man as discharged. Exclusive of this patient there are now 355 Male and 469 Female patients, making a total of 824. Seven Idiot boys, included in this number, are boarded out in the families of married attendants, who receive a weekly amount, charged by the Asylum for maintenance, as a remuneration for the charge ; and this practice appears to answer well. The boys are brought monthly to the Asylum for inspection, and are then weighed.

The patients admitted since the visit of our colleagues on May 31st, 1884, were 97 Males and 68 Females. Sixty-nine Males and 67 Females have been discharged, and 41 Males and 45 Females have died. Of the patients discharged, 8 Males and 14 Females were sent

to Workhouses, and 10 Males and 14 Females to the care of friends.

The weekly charge for maintenance is 9s. 6d. for the ordinary cases, 14s. for those from non-contributing Boroughs, which supply 95 patients, and 14s. and 16s. for Private cases, of which there are 25. There are now in the Asylum, including the Sanatorium, vacancies for 44 Male and 31 Female patients.

The *post-mortem* examinations were 43, out of the 86 deaths. The rate of mortality for 1884 was 10 per cent. of the average daily number resident, and this has been almost exactly the rate since the last visit. The Asylum has been free from infectious disorders, and with two exceptions the deaths were due to ordinary causes. One of these exceptional cases was a suicide, the man having hanged himself in the water closet. The circumstances were the subject of correspondence between our Board and the Medical Superintendent. The other was the death of a woman who died of bronchitis and diarrhœa, the death having been accelerated by injuries to the sternum and ribs, inflicted, it was believed, by another patient. The Coroner held an inquest in each of these, but in no other case.

At present the health of the Asylum appears to be good. We saw very few patients in bed, and 17 of both cases are under Medical treatment. The number of General Paralytics is not large, being only 15 of both sexes. Of Epileptics there are 40 Males and 37 Females; and the actively suicidal number 14 men and 9 women. Here we may mention that the system of night supervision of the latter two classes of patients, under which there are two night Attendants on duty in

each special Dormitory, continues in force, and is satisfactory. No death from suffocation in a fit has occurred since its adoption. All the suicidal and epileptic patients are under continuous supervision at night.

The employment of the patients continues to receive much attention, and with most satisfactory results. Besides 79 and 68 women who act as Ward cleaners only, 185 other men and 310 women are usefully employed in various ways, giving a proportion, excluding Ward cleaners, of 52 per cent. of the Males and 63 per cent. of the Females. Of the former 104 work on the land, 60 in the shops, and 20 in the kitchen and offices; and of the women, 216 are occupied with needlework, 64 work in the laundry, and 30 in the kitchens, halls, and offices.

We need not refer, in detail, to the subject of Divine Service, exercise, and amusements. Our inquiries under these heads have satisfied us that due attention is paid to them. Indeed, the means of amusements both in the Wards, in the shape of literature and of games, and at the associated meetings for dancing or dramatic and other entertainments, are very liberal.

As regards the Diet, we observe that the Male Patients, whose beverage at breakfast is cocoa do not get butter with their bread. The soup dinner, which is given here fortnightly, is never popular with Asylum populations, and, indeed, the soup which we saw and tasted yesterday left much to be desired.

The only form of restraint used since the last visit has been the wet pack, used in the cases of 7 women for a total of 50 hours, in periods varying from one to

four hours. Seclusion appears to be very rarely employed, only three patients of each sex having been thus treated since the last visit ; the men for a total of 46 and the women of $15\frac{1}{2}$ hours.

The structural additions and alterations to be noticed were the completion of the seven new blocks of water-closets ; the renewal of the stone staircases on the Male side ; the erection of an iron external stairs to facilitate escape in case of fire, and the construction of some internal stairs and landings with the same object, and the very important sanitary work of taking up and relaying the main drains and soil pipes throughout.

We have examined this work, which appears to us to have been carefully and scientifically planned by Dr. Williams, and very well executed.

We think the Asylum is now well provided with exits from the Dormitories for escape from the danger of fire. The means of extinguishing one at the beginning have been increased by the provision of a supply of "Harden's Hand Grenades," which appear to be effective.

An attendant has been added to the staff on each side since the last visit. The proportions of attendants to patients are still low, though they satisfy Dr. Williams, who has power to increase the number should he find it necessary.

Dr. Worthington, late Senior Assistant here, has been appointed Superintendent of the Hants Asylum. Dr. Walker has taken his place, and Mr. Johnston has been appointed Second Assistant Medical Officer. The Case Books are well kept.

C. S. BAGOT, } *Commissioners*
JOHN D. CLEATON, } *in Lunacy.*

APPENDIX,

CONTAINING THE REVISED TABLES OF THE MEDICO-PSYCHOLOGICAL ASSOCIATION, &c.

The Medical Superintendent desires to acknowledge the services rendered to him by the Clerk of the Asylum (Mr. S. A. Mortlock) in the compilation of these Tables.

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TABLE I.

Showing the Admissions, Re-Admissions, Discharges, and Deaths during the Year ending 31st December, 1885.

				M.	F.	T.
In the Asylum January 1st, 1885				355	477	832
				M.	F.	T.
Cases Admitted—						
First Admissions	81	92	173			
Not First Admissions ...	15	22	37			
Total Cases Admitted during the Year ...				96	114	210
Total Cases under Care during the Year ...				451	591	1042
				M.	F.	T.
Cases Discharged—						
Recovered	43	29	72			
Relieved	14	26	40			
Not Improved	4	1	5			
Died	33	39	72			
Total Cases Discharged and Died during the Year				94	95	189
Remaining in the Asylum 31st Dec., 1885 ...				357	496	853
				M.	F.	T.
Average Number Resident during the Year				359	480	839
Persons under Care during the Year				448	590	1038
Persons Admitted				93	113	206
,, Recovered				42	29	71
Transferred to this Asylum	3	3
,, from this Asylum				2	1	3

TABLE I_A.

Showing (1) the Previous Attacks among Persons Admitted during the Year 1885, and (2) the Number of Times they had Previously Recovered in this or any Asylum.

(1) NUMBER OF PREVIOUS ATTACKS.	PERSONS.		
	Male.	Female.	TOTAL.
Have had 1 Attack	18	20	38
„ 2 Attacks	3	5	8
„ 3 „	2	8	10
„ 4 „	1	1
„ 5 „	2	...	2
„ 6 „	1	1	2

(2) NUMBER OF TIMES PATIENTS RECOVERED.	IN THIS ASYLUM.			IN ANY ASYLUM.		
	M.	F.	T.	M.	F.	T.
Once	9	8	17	5	4	9
Twice	1	3	4	2	3	5
3 Times... ..	2	5	7
4 „	1	...	1	1	1	2
5 „	1	1	2

TABLE II.

*Showing the Admissions, Re-Admissions, Discharges, and Deaths,
from the Opening of the Asylum to the 31st December, 1885.*

	M.	F.	T.	M.	F.	T.
Persons Admitted during the Period of 26½ years	2335	2295	4630			
Re-Admissions	271	387	658			
Total Cases Admitted				2606	2682	5288
Discharged Cases—						
Recovered... ..	707	860	1567			
Relieved	309	361	670			
Not Improved	197	109	306			
Died	1036	856	1892			
Total Cases Discharged and Died since the Opening of the Asylum	2249	2186	4435
Remaining 31st Dec., 1885	357	496	853
Average Number Resident during the 26½ years ...	301	361	662			
Transferred to this Asylum ...	415	332	747			
„ from this Asylum	267	140	407			

TABLE II_A.

Showing the Admissions and Recoveries of Persons from
25th July, 1859, to the present date, 31st December,
1885. (26½ years).*

HISTORY OF RECOVERIES OF PERSONS.				The same, only omitting all per- sons transferred from other Asylums, &c.		
	M.	F.	T.	M.	F.	T.
Persons Admitted during the 26½ years	2335	2295	4630	1920	1963	3883
Of whom were Discharged Re- covered during the same Period, being 27.3 per cent. of Persons Admitted ...	572	693	1265	550	653	1203 30.9
Of whom were Re-Admitted Relapsed †	129	214	343	107	183	290
Leaving Recovered Persons who have not Relapsed ...	443	479	922	443	470	913
Relapsed Persons Discharged Recovered ‡	59	94	153	47	78	125
Nett Recovered Persons, being 23.2 per cent. of Persons Admitted	502	573	1075	490	548	1038 26.7

* Persons, *i.e.*, separate persons, in contradistinction to "Cases," which may include the same individual more than once.

† *i.e.*, Persons who have Relapsed one or more times.

‡ *i.e.*, After last Re-Admission, if Relapsed more than once.

|| *i.e.*, Recovered persons sane at the present time, so far as the Asylum Statistics show.

cent. of the Admissions for each Year since the Opening of the Asylum, July 25th, 1859.

YEAR.	Admitted.			Discharged.						Died.	Remaining 31st Dec. in each year.						Average No. Resident.			Per centage of Recoveries on Admissions.			Per centage of Deaths on Average Nos. Resident.			
				Recovered.			Relieved.				Not Improved															
	Male.	Female	Total.	Male.	Female	Total.	Male.	Female	Total.		Male.	Female	Total.	Male.	Female	Total.	Male.	Female	Total.	Male.	Female	Both	Male.	Female	Both	Sexes.
1859...	143	164	307	2	4	6	...	1	1	2	4	6	10	135	150	285	108	124	232	1.4	2.4	1.9	3.7	4.8	4.3	4.3
1860...	80	104	184	12	18	30	...	4	1	5	25	9	34	172	227	399	133	161	294	15.0	17.3	16.3	18.8	5.5	11.5	11.5
1861...	103	66	169	7	22	29	...	10	18	28	26	19	45	228	231	459	192	227	419	6.8	33.3	17.1	13.5	8.3	10.7	10.7
1862...	60	69	129	14	16	30	...	7	3	10	23	18	41	242	258	500	232	249	481	23.3	23.1	23.2	9.9	7.2	8.5	8.5
1863...	59	22	81	13	19	32	...	33	1	34	28	15	43	220	243	463	235	256	491	22.0	86.3	39.5	11.9	5.8	8.7	8.7
1864...	64	70	134	14	10	24	...	4	4	8	36	21	57	225	276	501	223	250	473	21.8	14.2	17.9	16.1	8.4	12.0	12.0
1865...	67	57	124	16	17	33	...	1	4	5	36	29	65	233	277	510	227	281	508	23.8	29.8	26.6	15.8	10.3	12.7	12.7
1866...	70	89	159	17	25	42	...	1	...	1	40	30	70	240	303	543	239	296	535	24.2	28.2	26.4	16.7	10.1	13.0	13.0
1867...	69	93	162	15	27	42	...	1	4	5	35	37	72	252	315	567	244	312	556	21.7	29.0	25.9	14.3	11.8	12.9	12.9
1868...	119	73	192	14	34	48	...	2	...	2	28	24	52	322	325	647	290	326	616	11.7	46.6	25.0	9.6	7.3	8.4	8.4
1869...	60	68	128	21	25	46	...	2	3	5	35	29	64	318	332	650	320	333	653	35.0	36.7	36.0	10.9	8.7	9.8	9.8
1870...	83	83	166	29	32	61	28	29	57	339	352	691	332	344	676	34.9	38.5	36.7	8.4	8.5	8.4	8.4
1871...	52	64	116	28	35	63	...	48	1	49	38	31	69	261	341	602	304	345	649	53.8	54.7	54.3	12.5	9.0	10.6	10.6
1872...	138	130	268	23	44	67	...	2	1	3	35	32	67	332	383	715	295	369	664	16.6	33.8	25.0*	11.8	8.6	10.1	10.1
1873...	100	104	204	30	43	73	...	1	2	3	45	25	70	342	391	733	337	393	730	30.0	41.0	35.7	13.0	6.6	9.5	9.5
1874...	119	118	237	29	40	69	...	1	1	2	64	41	105	359	414	773	348	405	753	24.4	33.9	29.1	18.3	10.1	13.9	13.9
1875...	122	136	258	23	34	57	...	9	18	27	61	59	120	353	419	772	364	422	786	18.8	25.0	22.0*	16.7	13.9	15.2	15.2
1876...	131	117	248	43	47	90	...	11	6	17	43	40	83	371	423	794	365	424	789	32.8	40.1	36.2	11.7	9.4	10.5	10.5
1877...	105	117	222	26	34	60	...	21	7	28	46	50	96	358	427	785	360	426	786	24.7	29.0	27.0	12.7	11.7	12.2	12.2
1878...	112	121	233	38	31	69	...	11	10	21	47	57	104	354	436	790	362	430	792	33.9	25.6	29.6	12.9	13.2	13.1	13.1
1879...	104	111	215	32	36	68	...	4	2	6	48	50	98	359	437	796	360	440	800	30.7	32.4	31.6	13.3	11.3	12.2	12.2
1880...	115	114	229	46	32	78	...	6	9	15	53	32	85	349	453	802	361	448	809	40.0	28.0	34.0	14.6	7.1	10.5	10.5
1881...	102	120	222	45	34	79	...	3	...	3	35	34	69	357	489	846	360	472	832	44.0	28.3	35.5	9.7	7.2	8.2	8.2
1882...	115	107	222	43	70	113	...	2	6	8	51	27	78	366	473	839	360	475	835	38.7	67.9	52.8	14.1	5.6	9.3	9.3
1883...	103	137	240	42	53	95	2	2	41	39	80	356	478	834	360	478	838	40.7	38.6	39.5	11.3	8.1	9.5	9.5
1884...	115	114	229	42	49	91	...	8	4	12	52	34	86	355	477	832	361	483	844	38.1	45.7	41.9	14.4	7.0	10.1	10.1
1885...	96	114	210	43	29	72	...	4	1	5	33	39	72	357	496	853	359	480	839	27.1	32.0	29.6	9.1	8.1	8.5	8.5
TOTAL..	2606	2682	5288	707	860	1567	309	361	670	197	109	306	1036	856	1892	Average or per centage.	301	361	662	27.1	32.1	29.6	12.9	8.8	10.7	10.7

* The apparently low per centage of Recoveries in these years is due to the Admission of many Chronic Lunatics from St. Pancras, Maidstone, and Peterborough.

TABLE IV.

Showing the History of the Annual Admissions since the Opening of the Asylum, with the Discharges and Deaths, and the Numbers of each Year remaining on the 31st December, 1885.

Admitted.				Of each Year's Admissions Discharged and Died in 1885.								Total Discharged and Died of each Year's Admissions to 31st December, 1884.								Remaining of each year's Admissions Dec.31st,1885			YEAR.
New Cases.		Relapsed Cases.		Recovered.		Relieved.		Not Improved.		Died.		Recovered.		Relieved.		Not Improved.		Died.		M.	F.	Tot.	
M.	F.	M.	F.	M.	F.	Tot.	M.	F.	Tot.	M.	F.	Tot.	M.	F.	Tot.	M.	F.	Tot.	M.				
1859	143	164	307	2	1	1	14	15	29	1859
1860	79	104	184	2	8	10	1860
1861	102	60	169	5	5	10	1861
1862	58	64	129	2	4	5	9	1862
1863	58	22	81	3	1	4	1863
1864	56	62	134	5	11	16	1864
1865	62	50	124	5	7	12	1865
1866	64	84	159	2	8	10	1866
1867	63	80	162	8	9	17	1867
1868	116	61	192	13	1	14	1868
1869	57	61	128	7	5	12	1869
1870	76	71	166	6	11	17	1870
1871	42	52	116	8	6	14	1871
1872	130	119	268	10	12	22	1872
1873	88	85	204	10	14	24	1873
1874	106	100	237	10	19	29	1874
1875	109	121	258	12	14	26	1875
1876	114	96	248	14	17	31	1876
1877	92	101	222	16	19	35	1877
1878	98	100	233	17	26	43	1878
1879	93	92	215	15	36	51	1879
1880	98	87	229	15	28	43	1880
1881	85	98	222	15	20	35	1881
1882	93	80	222	21	28	49	1882
1883	79	110	240	26	27	53	1883
1884	93	79	229	22	39	61	1884
1885	81	92	210	37	52	89	1885
TOTAL	2335	2295	387	5288	43	29	72	14	26	40	33	664	831	1495	295	335	630	193	108	301	496	853	TOTAL

Summary of Total Admissions, 1859-85.

Per centage of the		Recovered		Relieved ...		Not Improved		Dead...		Remaining		Total.	
"		"		"		"		"		"		"	
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Showing the Causes of Death during the Year 1885, together with the Ages at Death.

CAUSE OF DEATH.	Under 15 Years.		15 and 20.		20 and 25.		25 and 30.		30 and 35.		35 and 40.		40 and 45.		45 and 50.		50 and 55.		55 and 60.		60 and 65.		65 and 70.		70 and 75.		75 and 80.		80 and 85.		85 and under 100.		Not known.		TOTALS									
	M	F	M	F	M	F	M	F	M	F	M	F	M	F	M	F	M	F	M	F	M	F	M	F	M	F	M	F	M	F	M	F	M	F	M	F	M	F						
	T	T	T	T	T	T	T	T	T	T	T	T	T	T	T	T	T	T	T	T	T	T	T	T	T	T	T	T	T	T	T	T	T	T	T	T	T	T	T	T				
<i>Cerebral Diseases.</i>																																												
Arterial Degeneration of the Vessels of the Brain																																												
Brain Atrophy																																												
" Softening																																												
Tumour pressing on Brain																																												
Apoplexy																																												
Epilepsy																																												
Progressive Paralysis of Insane																																												
Exhaustion from Mania.....																																												
" Melancholia.....																																												
<i>Thoracic Diseases.</i>																																												
Bronchitis																																												
Pneumonia																																												
Phthisis																																												
Abscess of Lung																																												
Morbus Cordis																																												
<i>Abdominal Diseases.</i>																																												
Peritonitis																																												
Fatty Liver																																												
Cirrhosis of Liver																																												
Cancer																																												
"																																												
Nephritis																																												
Cancer of Uterus																																												
Intestinal Ulceration																																												
Strangulated Hernia																																												
Jaundice from Impacted Gall Stone																																												
<i>Other Diseases.</i>																																												
Exhaust'n from Abscess of Neck																																												
Decay of Old Age																																												
Chronic Diarrhoea, accelerated by Fractured Ribs & Sternum																																												
Suicide—Strangulation																																												
TOTALS	1	1	2	4	1	5	2	2	5	4	9	2	2	4	5	1	6	2	1	3	1	7	8	4	2	6	1	8	9	3	5	8	2	3	5	2	1	3	1	1	1	38	39	72

Ascertained by *Post-Mortem* Examination :—Males, 15 ; Females, 26 ; Total, 41.

TABLE VI.

*Showing the Length of Residence in those Discharged Recovered
and in those who have Died during the Year 1885.*

LENGTH OF RESIDENCE.	RECOVERED.			DIED.		
	M.	F.	T.	M.	F.	T.
Under 1 month	6	...	6	4	2	6
1 month and under 3 months	13	9	22	4	4	8
3 months „ 6 „	15	9	24	2	6	8
6 „ „ 9 „	3	2	5	2	3	5
9 „ „ 12 „	3	2	5	4	...	4
1 year „ 2 years	...	2	2	3	5	8
2 years „ 3 „	2	2	4	1	6	7
3 „ „ 5 „	...	3	3	1	3	4
5 „ „ 7 „	2	2	4
7 „ „ 10 „	1	...	1	2	1	3
10 „ „ 12 „	2	3	5
12 „ „ 15 „	1	1
15 „ „ 20 „	1	1	2
20 „ „ 25 „	4	1	5
25 „ „ 30 „	1	1	2
TOTAL 	43	29	72	33	39	72

TABLE VII.

Showing the Duration of the Disorder on Admission in the Admissions, Discharges, and Deaths during the year 1885.

CLASS.	The Admissions.			The Discharges.						The Deaths.		
				Recovered.			Removed, Relieved, or otherwise.			Male.	Female.	TOTAL.
	Male.	Female.	TOTAL.	Male.	Female.	TOTAL.	Male.	Female.	TOTAL.			
FIRST CLASS— First Attack, & within Three Months on Admission....	51	56	107	18	10	28	4	9	13	12	11	23
SECOND CLASS— First Attack, above Three and within Twelve Months on Admission	10	13	23	3	2	5	3	5	8	5	1	6
THIRD CLASS— Not First Attack, and within Twelve Months on Admission	26	37	63	17	14	31	6	10	16	6	14	20
FOURTH CLASS— First Attack or not, but of more than Twelve Months on Admission	5	4	9	1	1	2	3	1	4	4	8	12
FIFTH CLASS— Congenital	2	1	3	3	2	5
Not Ascertained	2	3	5	4	2	6	2	2	4	3	3	6
TOTAL	96	114	210	43	29	72	18	27	45	33	39	72

TABLE VIII.

Showing, in Quinquennial Periods, the Ages of those Admitted, Recovered, and Died during the Year 1885, and of those remaining on the 31st December, 1885.

AGES.	The Admissions.			Recovered.			The Deaths.			Patients Resident 31st Dec., 1885.		
	Male.	Female.	TOTAL.	Male.	Female.	TOTAL.	Male.	Female.	TOTAL.	Male.	Female.	TOTAL.
5 years and under 10 years ..	1	..	1	2	..	2
10 " 15 " ..	1	1	2	3	1	4
15 " 20 " ..	4	5	9	..	3	5	1	1	2	7	6	13
20 " 25 " ..	8	9	17	4	2	6	3	1	4	26	20	46
25 " 30 " ..	11	13	24	7	5	12	1	2	3	20	30	50
30 " 35 " ..	10	12	22	4	2	6	5	4	9	37	43	80
35 " 40 " ..	8	17	25	5	5	10	2	2	4	44	66	110
40 " 45 " ..	13	7	20	10	2	12	5	1	6	63	48	111
45 " 50 " ..	7	7	14	2	..	2	2	1	3	33	60	93
50 " 55 " ..	6	8	14	1	4	5	1	7	8	34	52	86
55 " 60 " ..	8	10	18	1	2	3	4	2	6	22	58	80
60 " 65 " ..	7	10	17	1	1	2	1	8	9	29	50	79
65 " 70 " ..	5	10	15	1	1	2	3	5	8	9	30	39
70 " 75 " ..	1	2	3	..	1	1	2	3	5	5	13	18
75 " 80 " ..	1	3	4	1	1	2	2	1	3	5	8	13
80 " 85 " ..	2	..	2	2	..	2	..	1	1	2	3	5
85 " 90 " ..	1	..	1	1	..	1
" Unknown	2	..	2	2	..	2	1	..	1	15	8	23
Total	96	114	210	43	29	72	33	39	72	357	496	853
Mean Age	42.4	43.3	42.5	39.8	40.5	40.1	46.5	53.0	50.1	43.0	46.9	45.3

TABLE IX.

Showing the Condition as to Marriage in the Admissions, Recoveries, and Deaths during the Year 1885, and of Patients resident on the 31st December, 1885.

Condition in reference to Marriage.	The Admissions.			The Discharges.			The Deaths.			Patients Resident December 31st.		
	Male.	Female.	TOTAL.	Recovered.			Male.	Female.	TOTAL.	Male.	Female.	TOTAL.
				Male.	Female.	TOTAL.						
Single	36	45	81	15	12	27	16	13	29	218	254	472
Married	49	50	99	23	15	38	12	20	32	105	170	275
Widowed	11	18	29	4	2	6	4	6	10	17	59	76
Unknown	1	1	1	..	1	1	..	1	17	13	30
TOTAL	96	114	210	43	29	72	33	39	72	357	496	853

TABLE X.

Showing the Probable Causes of Insanity in the Patients Admitted during the Year 1885.

Number of Instances in which each Cause was Assigned.											
Admissions ... {			M. 96. ...		No. of Cases. F. 114. ...		Total, 210.				
As Predisposing Cause.			As Exciting Cause.			As Predisposing or Exciting (where these could not be distinguished).			TOTAL.		
Male.	Female.	TOTAL.	Male.	Female.	TOTAL.	Male.	Female.	TOTAL.	Male.	Female.	TOTAL.
MORAL.											
...	4	9	13	4	9	13
...	7	4	11	1	8	4	12
...	5	1	6	5	1	6
...	2	1	3	2	1	3
...	2	2	2	2
...	2	1	3	2	1	3
PHYSICAL.											
...	17	6	23	...	3	3	17	9	26
...
...
1	...	1	2	...	2	3	1	...	1
...	2	2	6	...	6
...	9	9	9	9
...
...
3	...	3	3	3	6	...	2	2	6	5	11
3	1	4	2	5	7	2	7	6	13
17	21	38	17	21	38
...
14	32	46	14	32	46
...	1	2	1	1	2
...	24	33	57
38	54	92	44	43	87	8	6	14	114	136	250

TABLE XI.

Showing the Form of Mental Disorder on Admission in the Admissions, Recoveries, and Deaths of the Year 1885, and the Form of Mental Disorder of the Inmates on 31st December, 1885.

Form of Mental Disorder.	Admissions.			Recoveries.			Deaths.			Remaining in Asylum.		
	Male.	Female.	TOTAL.	Male.	Female.	TOTAL.	Male.	Female.	TOTAL.	Form of Mental Disorder, 31st December, 1885.		
Congenital or Infantile Mental Deficiency (a) with Epilepsy (b) without Epilepsy	1	1	2	1	1	2	4	6	10
Epilepsy—Acquired	5	2	7	1	1	2	28	15	43
General Paralysis of the Insane	11	3	14	5	1	6	38	35	73
Mania:—							8	2	10	13	1	14
" Acute	23	26	49	16	11	27	3	11	14	18	32	50
" Chronic	3	11	14	4	4	101	163	264
" Recurrent	10	13	23	8	3	11	19	31	50
" a Potu	2	...	2	4	...	4	1	...	1
" Puerperal	...	9	9	...	1	1	5	5
" Senile	2	4	6	2	1	3	2	2	4	6	15	21
Melancholia:—												
" Acute	17	15	32	8	5	13	5	7	12	14	15	29
" Chronic	1	2	3	1	1	2	12	34	46
" Recurrent	4	5	9	2	4	6	1	4	5
" Puerperal	1	1	1	1
" Senile	1	2	3	1	...	1	2	1	3
Dementia:—												
" Primary	2	6	8	2	3	5	5	9	14
" Secondary	4	5	9	5	5	10	78	105	183
" Senile	7	7	14	1	4	5	15	23	38
" Organic, i.e., from Tumours, Coarse Brain Disease, &c.	1	...	1	2	1	3
Not Insane on Admission	1	...	1	1	...	1
TOTALS	96	114	210	43	29	72	33	39	72	357	496	853

TABLE XII.

Showing the Station or Occupation of Patients admitted during the Year 1885.

MALES.	NO.	MALES.	NO.	FEMALES.	NO.	FEMALES.	NO.
Accountant	1	Guard	1	Barmaid	...	Wife of Corn Merchant	1
Agent (Sewing Machine)	1	House Agent	...	Cooks	...	Carpenter	4
Blacksmiths	2	Horse Dealer	...	Charwomen	...	Bargeman	1
Builders	2	Ironmonger	1	Domestic Servants	...	Wheelwright	1
Bricklayers	4	Innkeeper	1	Dressmakers	...	Shoemaker	2
Bag-maker	1	Labourers—General	10	Daughter of Whitesmith	...	Innkeeper	1
Butchers	2	Agricultural	18	Flower Seller	...	Greengrocer	1
Carpenters	6	" Milk Carriers	...	Governesses	...	Coach Builder	1
Carter	1	Plasterer	2	Hawker	...	Ironmonger	1
Clerk	1	Pensioner (Navy)	1	Ironer	...	Plumber	1
Cabinet Maker	1	Painter	1	Laundresses	...	Hawker	1
Cork Cutter	1	Photographer	1	Lodging-House Keepers	...	Widow of Butcher	1
Cabman	1	Seamen	2	Needlewomen	...	Porter	1
Coachman	1	Schoolmaster	1	Schoolmistress	...	Fitter	1
Drover	1	Shoemaker	1	Shopkeeper	...	Labourer	1
Draper's Assistant	1	Upholsterer	1	Washerwoman	...	No Occupation	21
Domestic Servants	2	Waiter	1	Wife of Labourer	...	Not Ascertained	4
Engineer	1	Wheelwright	1	" Painter
Farmers	2	No Occupation	7	" Market Gardener
French Polisher	2	Not Ascertained	2	" Bricklayer
Fishermen	1	" Miller
Gardeners	2	" Captain (Army)
	6	TOTAL	96			TOTAL	114

TABLE XIII.

Patients' Daily State and Employment.

(Compiled from the Daily State Book, which is made up from the Ward Returns).

OCCUPATION OR TRADE.		Daily No. of Patients Employed.		
Male Patients.				
Working Party.	With the Gardener and Out-door Attendants	93		
	With the Farm Attendants	22		
	With the Cowman	3		
With the	Carpenter	2		
„	Bricklayer	2		
„	Upholsterer	3		
„	Basket-maker	3		
„	Tailor... ..	13		
„	Shoemaker	13		
„	Matmaker... ..	18		
„	Painter	7		
„	Engineer	2		
„	Baker	4		
„	House Attendant	3		
„	Bath „	4		
In the	Dining Hall	9		
„	Storekeeper's Stores... ..	5		
„	Wards (Cleaning)	94		
Daily Number Employed		300		
Female Patients.				
In	Laundry and Wash-house	62		
„	Kitchen	7		
„	Dining Hall... ..	14		
„	Wards, &c. (Cleaning)	68		
„	„ (Needlework)	228		
„	Vegetable Room... ..	8		
Daily Number Employed		387		
ATTENDANCE AT—		DAILY ATTENDANCE.		
		M.	F.	TOTAL.
„	Sunday Divine Service	278	406	684
„	Week-day „	252	374	626
„	School	60	60	120
„	Weekly Ball... ..	130	130	260
„	Other Entertainments	150	160	310
Walk	about Grounds	90	310	400
„	beyond „	80	80	160
„	on Terraces	137	410	547
NIGHT REPORT.				
Number of Wet Cases		6	5	11
„	Dirty „	3	3	6
„	Noisy (at Night)	6	8	14
Average Number Resident } (Mean Annual Population) }		359	480	839

TABLE XIV.

THE ESTABLISHMENT.

OFFICERS.

Medical Superintendent	£1000	} Furnished House, Coals, Vegetables, and Laundry.
Chaplain	250	
Clerk to Visitors	150	} None.
Clerk of Asylum	250	
Senior Assistant Medical Officer	175	} Lodging, Board, Washing, and Attendance.
Junior Assistant Medical Officer	100	
Housekeeper	60	
Head Attendant (Female)	90	
Female Assistant Officer	32	} House and Gas.
Storekeeper	150	
Head Attendant (Male)	105	
		House, Coals, Vegetables, and Gas.

ATTENDANTS AND SERVANTS.

1 Male Attendant (Night) ...	66	0	0	} Without Board, &c.
2 Ditto ditto ...	62	0	0	
1 Ditto ditto ...	53	0	0	
1 Ditto ditto ...	26	0	0	Board, Lodging, and Washing
1 Organist and Schoolmaster	52	0	0	Without Board, &c.
1 Office Clerk	57	0	0	Dinner Daily.

Board, Lodging, and Washing:—

1 Male Attendant (Dining Hall)	36	0	0	1 Seamstress	21	0	0
6 Ditto	40	0	0	1 Head Laundry Maid ...	30	0	0
3 Ditto	36	0	0	1 Laundry Maid	20	0	0
1 Ditto	35	0	0	2 Ditto	17	0	0
1 Ditto	34	0	0	1 Hall Porter	40	0	0
3 Ditto	30	0	0	1 Man Cook	45	0	0
1 Ditto	28	0	0	1 Dairy Maid	19	0	0
3 Ditto	27	0	0	1 Kitchen Maid	19	0	0
4 Ditto	26	0	0	1 Vegetable Room Maid ...	15	0	0
1 Female Attendant (Night)	26	0	0	1 Housemaid	16	0	0
1 Ditto ditto	24	0	0	2 Ditto	15	0	0
2 Ditto ditto	20	0	0	1 Farm Attendant	30	0	0
1 Ditto ditto	19	0	0	1 Ditto	26	0	0
1 Ditto (Dining Hall) ...	23	0	0	1 House Attendant	36	0	0
3 Ditto	30	0	0	1 Bath ditto	31	0	0
3 Ditto	25	0	0	<i>House, Coals, Vegetables, &c.</i>			
1 Ditto	24	0	0	per Week.			
1 Ditto	21	0	0	1 Engineer	1	18	0
6 Ditto	20	0	0	1 Bailiff	1	5	0
1 Ditto	19	0	0	1 Gardener	1	4	0
5 Ditto	18	0	0	1 Blacksmith (House & Gas)	1	6	0
5 Ditto	17	0	0	1 Front Ground Labourer ...	0	18	6
1 Ditto	16	0	0				

per Week.				per Week.			
Tailor	1	4	0	Bricklayer's Labourer ...	1	0	0
Shoemaker	1	6	0	Painter and Glazier ...	1	11	0
Matmaker	1	6	0	Stoker	1	1	0
Basket-maker	1	4	0	Ditto	0	19	0
Upholsterer	1	12	0	Cowman	1	0	0
Baker	1	8	2	Under Cowman	0	17	0
Butcher	1	5	0	Two Carters	0	19	0
Under Garden Attendant ...	1	1	0	Stockman	0	17	0
Carpenter	1	11	0	House Carter	1	0	0
Bricklayer	1	11	0				

Made up on January 1st, 1886.

TABLE XVI.
DIET SCALE.

	BREAKFAST At 8.0 A.M.				DINNER at 1.0 P.M.												SUPPER at 6.0 P.M.									
	Males.		Females.		Males.						Females.						Males.		Females.							
	Bread.	Cocoa.	Bread.	Butter.	Coffee.	Bread.	Beer.	Uncooked Meat.	Meat Pudding.	Suet Pudding.	Pea Soup.	Plum Dumpling.	Vegetables.	Bread.	Beer.	Uncooked Meat.	Meat Pudding.	Plum Pudding.	Pea Soup.	Meat Stew.	Vegetables.	Sweet Cake or		Tea.		
																						Bread.	Butter.		Bread.	Butter.
Sunday ...	oz. 6	pt. 1	oz. 5	oz. $\frac{3}{8}$	pt. 1	oz. 4	pt. $\frac{1}{4}$	oz. 6	oz. ...	oz. 12	pt. ...	oz. ...	oz. 16	oz. 2	pt. $\frac{1}{4}$	oz. 8	oz. ...	oz. ...	oz. ...	pt. ...	pt. ...	oz. 12	oz. 6	oz. 5	oz. $\frac{3}{8}$	pt. 1
Monday ...	6	1	5	$\frac{3}{8}$	1	4	$\frac{1}{2}$	4	1	...	8	2	$\frac{1}{2}$	4	12	6	5	$\frac{3}{8}$	1
Tuesday ...	6	1	5	$\frac{3}{8}$	1	4	$\frac{1}{2}$	4	12	4	$\frac{1}{2}$	4	1	12	6	5	$\frac{3}{8}$	1
Wednesday ...	6	1	5	$\frac{3}{8}$	1	4	$\frac{1}{2}$	16	...	4	$\frac{1}{2}$	4	12	6	5	$\frac{3}{8}$	1
Thursday ...	6	1	5	$\frac{3}{8}$	1	4	$\frac{1}{2}$	8	16	2	$\frac{1}{2}$	6	5	$\frac{3}{8}$	1
Friday ...	6	1	5	$\frac{3}{8}$	1	4	$\frac{1}{2}$	4	12	12	4	$\frac{1}{2}$	4	4	1	...	8	6	5	$\frac{3}{8}$	1
Saturday ...	6	1	5	$\frac{3}{8}$	1	4	$\frac{1}{2}$	4	1	...	8	2	$\frac{1}{2}$	4	4	8	12	6	5	$\frac{3}{8}$	1
Weekly Total	42	7	35	2 $\frac{5}{8}$	7	28	3 $\frac{1}{2}$	30	24	12	2	16	72	20	3 $\frac{1}{2}$	28	8	12	1	1	2	68	42	35	2 $\frac{5}{8}$	7

TABLE XVI.—Continued.

DINNER.

	Male Patients.	Female Patients.		Male Patients.	Female Patients.
Sunday ...	Pork and Suet Pudding, with Rice and Fruit in season.	Roast Meat, with Rice and Fruit in season.	Thursday ...	Roast Meat & Pickled Pork.	Plum Pudding and Treacle Sauce.
Monday ...	Pea Soup.	Pork and Vegetables.	Friday ...	Meat Pudding.	Pea Soup. Every other Friday, $\frac{1}{2}$ lb. of Fresh Fish.
Tuesday ...	Meat Pudding and Rice Pudding.	Meat Stew.	Saturday ...	Pea Soup. Every other Saturday $\frac{3}{4}$ lb. of Fresh Fish.	Meat Pudding.
Wednesday ...	Plum Dumpling and Treacle Sauce.	Meat Stew.			
<i>Bread, Beer, and Vegetables Daily.</i>					
<i>When Rice and Fruit Pudding is given on Sunday, 4oz. less Suet Pudding to Males, and 1oz. less Meat to Females.</i>					

Extra Diet for Sick.—Minced Meat, Steak, Mutton Chop, Fowl, Fish, Eggs, Mutton Broth, Beef Tea, Essence of Beef, Milk, Arrowroot, Rice Pudding, Batter Pudding, Sago, Barley Water, Gruel, Oranges, Biscuits, Calf's Foot Jelly, Porter, Bitter Ale, Port Wine, Sherry, Brandy, Gin, Whisky, Rum, Lemonade, Soda Water.

Extra Diet for Working Patients.— $\frac{1}{2}$ Pint Beer, 2oz. Bread, 1oz. Cheese at 11 A.M., and $\frac{1}{2}$ Pint Beer at 4 P.M.; the Laundry Patients 4oz. Bread, with Butter, and $\frac{1}{2}$ Pint Tea. Tobacco and Snuff given as indulgences.

Attendants' and Servants' Diet.—Men, 1lb. Uncooked Meat; Women, $\frac{3}{4}$ lb. ditto; 1lb. Vegetables, 1lb. Bread, 2 Pints Beer daily; 2oz. Tea, $\frac{3}{4}$ lb. Sugar, $\frac{1}{4}$ lb. Coffee, $\frac{1}{2}$ lb. Butter, 1lb. Cheese weekly. $\frac{1}{4}$ lb. of Meat may be exchanged for Pudding or Pie, at the discretion of the Housekeeper.

Cocoa for One Hundred Patients.— $3\frac{1}{2}$ lbs. Cocoa, $4\frac{3}{4}$ lbs. Sugar, 3 Gallons Milk, or more, if the Dairy yields it.

Coffee Ditto 1 $\frac{1}{2}$ lbs. Coffee, $\frac{1}{4}$ lb. Chicory, $3\frac{3}{4}$ lbs. Sugar, 2 Gallons Milk.

Tea Ditto 1lb. Tea, 4lbs. Sugar, and 2 Gallons Milk.

Pea Soup { The Liquor of the Cooked Meat, Bones, &c.; 25lbs. Meat; 18lbs. Split Peas; Turnips, Cabbage Parsnip, Leeks, Onions, Artichokes, or other Vegetables, Herbs, Salt, and Pepper.

Meat Pie Dripping Crust; 31lbs. Flour; 51lbs. Potatoes; 13lbs. Meat.

Meat Pudding 25lbs. Meat; 25lbs. Flour. (Boiled or Baked.)

Meat Stew 25lbs. Meat in a Stew, with Potatoes and other Vegetables mixed with Rice and Barley.

Plum Pudding, 100lbs. weight.—Flour, 46 $\frac{1}{2}$ lbs.; Suet, 6 $\frac{1}{2}$ lbs.; Raisins, 7 $\frac{1}{2}$ lbs.

(Signed) S. W. D. WILLIAMS, M.D.,
Medical Superintendent.

HAYWARDS HEATH, 31st December, 1885.

